

## **ESSENTIAL INFORMATION FOR CHOOSING A HEALTHY, NATURAL DOG FOOD**



Dog owners have become much more aware of the benefits of natural Dog foods and the connection between the diet of their Dog and their Dog's health. A poor diet can lead to unhealthy animals with allergies, skin conditions and diabetes in some animals. It is important to know what exactly goes into Dog foods as responsible Dog owners. Many Dog owners now switch to Natural Dog Foods with much more knowledge and concerns about Dog foods.

### **So, what is the concept of natural dog food?**

The AAFCO (American Association of Feed Control Officials) generally requires dog food to consist of only

natural ingredients without chemical alternations except for added vitamins and minerals. The AAFCO's official definition is: "A feed or ingredient derived solely from plant, animal or mineral sources, either in its unprocessed state or having been subjected to physical processing, heat processing, rendering, purification extraction, hydrolysis, enzymolysis or fermentation, but not having been produced by or subject to a chemically synthetic process and not containing any additives or processing aids that are chemically synthetic except in amounts as might occur unavoidably in good manufacturing practices".

It is important to note when choosing a natural dog food that the food does not contain chemical additives. Furthermore, natural dog foods tend to use ingredients of higher quality.

**Benefits of natural Dog food:**



**Lesser chances of Ailments and Allergies:** Moving to natural foods will put an end to the allergies of your dog. It is free of chemical additives, toxic pesticides and artificial components that can cause the discomfort of your dog. Natural ingredients help the immune system of your dog to fight all kinds of infections.

**A healthier lifestyle:** One of the most important facts is that organic food guarantees your dog a longer life. It increases the lifespan as well as the quality of life. It promotes Interior/exterior health, as well as weight management. Organic food helps boosts the immune system.

**Healthier Lifestyle:** Organic foods and natural products may be expensive, but they're worth a few extra dollars in the long run. Organic foods contain higher nutritional levels and include organic meats, fruits, vegetables, minerals and vitamins. It ensures the internal and external health of your dogs.

**Fewer Digestive Disorders:** High grain and protein sources increase the digestibility of natural dog food. Dogs eat and pass out less of a natural diet. With firm and less stinky stools, their bowel movements can also be predicted.

**Higher Levels of Energy:** Natural and organic foods provide your dog with all the fuel it needs to be active and stay physical because they contain higher amounts of nutrient-dense calories. A plump pup may look adorable, but

overweight really increases the chances of sickness in your dog. Organic food helps in dogs to prevent obesity.

### **Quick tips to Choosing Natural Dog Food**



When choosing the right natural food for your dog, it is important to remember these factors:

- Read the package's ingredient label carefully.
- See where on the label the meat (i.e. chicken) is listed. The closer it is to the start of the list, the more real meat is used in the product. Protein is a dog's most important dietary substance. You want a good meat product.
- You should be able to identify the type of meat. If the label says "meat" without the type specified, do not purchase the product.
- Avoid products that list any kind of "by-product."

- Avoid products which list "meal." Instead of listing actual meat
- Check from where the fat comes. The dog food should indicate the source of the fat from which it's coming from (meat or oil)
- Dog food with grains as a top ingredient should be avoided. Most commercial dog foods contain a lot of grains. There's a lot of discussion about whether grains should be part of a diet for dogs. Some argue that dogs do not have the digestive system to cope with grains and grains is one of the dogs' biggest sources of allergies.
- Do not purchase dog foods with added chemicals, preservatives and synthetic colours.

Don't forget to inquire from your veterinarian. It is important to choose a diet for your dog and not to take it lightly. Your veterinarian is your dog's best source of nutrition information. Your veterinarian can help you decide which food is best for your dog based on the health, lifestyle and nutritional requirements of your dog.