

All Natural
Food For
Your Best
Friend



Luke

All Natural Food For Your Best Friend

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Introduction

Everybody knows that an all-natural diet is a healthy diet. It's no coincidence that what's good for you is also good for your dog. It's also no secret that - aside from the buzzwords - most people don't know enough about what "all-natural" means.

Eco-friendly, holistic catch-phrases surround us: all-natural, free-range, green, organic. However, most of us don't look beyond the words on the label to understand exactly what they are paying for when opting for these newer, healthier alternatives. Natural foods - simply stated - are those that

contain no artificial additives or preservatives. When you and I are shopping at the grocery, this is what we are finding in our natural foods aisle. Are the rules the same when it comes to our pets?

Yes!!!. Our dogs are just as vulnerable to the negative effects of artificial food supplements as you and I are. These can lead to several negative health issues that will affect your pet's quality of life.

Although many pet food manufacturers probably have good intentions and stand behind their products, the ingredients in mainstream dog foods seem to indicate that quality can suffer in the name of profits. A quick look at what goes into most commercial dog foods, reveals a make-it-cheap mentality that can cause adverse effects on your pet's health. Many manufacturers use "4D" meat in their pet foods. "4D" is a category that includes meat that comes from diseased, down, dying and dead animals. These ingredients are then combined with grain fillers to create the cheapest products possible.

This meat may seem utterly unpalatable to you and I, but your dog has a digestive system that can handle less than optimum meats. However, like most pet owners, you probably want more nutritious ingredients going into your dog's meal. As far as grain fillers go, your dog has no need for these things in their diet and are not benefiting from them in any way.

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What Natural Food is All About

Feeding dogs with natural food is like getting an insurance policy for your pet. You secure their life. There are quite a few misconceptions about such food. What exactly is natural dog food all about?

Some foods are naturally made and are specially made for dogs. These are extremely pure and are very much advisable. One thing that is important is that you should not mix any artificial ingredient into natural dogs foods. This will help you prevent food poisoning in dogs. The normal ingredients of natural pet food are wheat, corn, and other herbal ingredients, which are rich on protein and fiber. Pets are to be treated as one of your family members and hence need

special care and attention, especially when it comes to choosing food.

The advantages of feeding natural food to dogs are many. Almost all natural dog foods are very rich in vitamin E and C, which are crucial for the body. While Vitamin E keeps the dog's skin glowing, vitamin C strengthens their bones. The effect of these vitamins in the dog's body is exactly like it would in a human body. There are certain other vitamins like beta-carotene that help remove toxic substances known as free radicals, for the dog's body.

Dogs tend to eat a lot of meat, which results in an accumulation of toxic material in their body. These toxic substances have to be removed periodically; else the chances of your dogs getting infected with lung diseases and heart diseases are very high. To keep their metabolic system free of infection and diseases, it is advisable that they are given a supplement containing natural foods.

Certain food should be avoided when you are feeding your dog. These are raw meat, oily foods or, raw pork, cured meat, etc. Milk products, especially pasteurized milk products like ice cream, white bread, raisins, onion, milk, grapes and sugary food should also be avoided. Also keep your pet away from junk food. Natural dog food includes cooked grain, lean cut of meat, lamb, beef, white fish, poultry, fatty fish and raw meat. Eggs also fall into the category of very healthy foods for dogs.

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Feeding Your Dog

A Dog's Balanced Diet

Your dog needs a well-balanced diet with natural and holistic food to live a long healthy life just like we do. Just like us, they need a diet which includes animal meat proteins, carbohydrates, fats, vitamins, and minerals. So their food should be consistent of fresh meat and vegetables and either rice or pasta or cereals.

Commercial Dog Food is NOT Nutritious

Most people feed their dogs commercial packaged dog food because they think they are not supposed to eat "people" foods and that these products are specialized for dogs

nutrition needs and therefore is the healthiest thing to feed them.

Commercially packaged dog food is NOT healthy and is NOT designed for their nutrition; the products are designed to be made cheap with chemicals and preservatives and low-quality meat to yield big profits.

Commercial Dog Food is Unhealthy and Reducing Lifespan

Commercial packaged dog foods are actually significantly decreasing our dog's health and lifespan. Veterinary studies show that with all the new vaccination technologies to protect them against disease, the average dog should now live into its late teens and some into their late twenties.

Despite this, the average age for dogs is sadly only 11 years old. Why aren't they reaching their healthy potential? -

Because of their lack of the nutrition and the wrong, harmful food that we are feeding them.

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What is Wrong with Commercial Dog Food **This is what is wrong with commercial packaged dog food:**

- It can legally contain less than 25% actual meat and the other 75% is just chemical fillers.
- Even products that are advertised as natural containing no chemicals or preservatives usually always does, because there is a loophole that allows them to use products already containing chemicals as long as they do not add more in the production process.
- The chemicals and preservatives used are scientifically proven to cause many diseases including cancer, organ dysfunction, organ failure, congenital disabilities, hair loss and behavior problems.
- The chemicals and preservatives used are scientifically proven to reduce the lifespan of your dog significantly.

Studies have shown that dogs can live as long as 27 years, however with because of commercial dog food the average life expectancy for a dog is sadly only 11 years.

- The meat used in dog food is not regulated like meat used for people; it can legally contain road kill, our euthanized pets that have died at the vet, euthanized zoo animals, and diseased farm animals that have died.

What Should I Feed My Dog?

The best way to feed your dog fresh food is through home cooking. They should have certain portions of each type of food for a truly balanced diet to reach their full healthy potential and to live a long life.

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Why You Should Feed Your Dog All Natural Dog Food

As with any of the decisions you make in life, there's going to be a choice between two things. Once you make a choice between one thing and another, you make a trade off. Either you're trading off money if one product is higher, or the differing **q**ualities and properties of the two products.

Choosing a type of dog food is no different; there are various factors to weigh up that can ultimately influence and affect the decision you make. I'll discuss a few reasons that make choosing a natural food for your dog the obvious step to make.

The type of food you select for your dog is of utmost importance. Food lays the foundations for a healthy and long life, so making the wrong choice can have ramifications on the **q**uality of life your dog has.

There are, unfortunately, some animals that suffer from allergies or irritating skin conditions, and it is the owner's primary concern to relieve their pet of this condition. The routes most often taken by owners is to try special creams, lotions, shampoos and even medication, all of which

sometimes do not relieve the problem. In some cases, premium brands of dog foods recommended can still leave dogs scratching or losing hair.

Natural food possesses numerous advantages of its chemically based counterparts. The natural ingredients within the food mean that there is going to be a reduced likelihood that it will affect the allergies that your dog might have. This means fewer skin irritations (which, speaking from experience, aren't particularly nice to see) for your dog.

As well as containing less chemicals than processed food, natural food for your dog will also contain a lot more of the beneficial nutrients and minerals. This will help to keep your dog nice and healthy, the minerals needed for healthy bones, skin, and organs are all in higher quantities within the natural food.

Natural, organic dog food is free from any artificial colors and flavor enhancers, toxic pesticides and chemical additives. This food may give your pet the best chance in combating allergies and skin infections. The food contains top **q**uality

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grain and protein sources giving exceptional nutritional value to your pet. This will also help to build resistance to skin infections.

All natural dog food is exceptionally high in nutrition. It is naturally more nutritious and tasty for animals, with many owners reporting their dogs eat less of this food than many of the other commercial varieties available. There are no bulk fillers added to natural food, so your dog is consuming what it needs to maintain healthy energy levels and necessary life functions. Most dogs seem to enjoy eating smaller amounts of tasty, nutrient-dense foods.

Natural dog food is far more digestible. This is due to **q**uality sources of grains and proteins used and not forgetting any added chemicals or any other artificial substances. If your dog suffers from any symptoms after a meal, such as vomiting, diarrhea, bloating or gas, it is advisable to consult your vet for any underlying illness. If none of these

symptoms occur, carry on feeding your dog organic food and enjoy the healthy improvements.

If your dog does have digestive problems, an improvement in your dog's digestive system will be noticed through eating easily digestible barley, oats or other natural whole grains available in natural foods. Also, they will enjoy human grade chicken, lamb or turkey; lots of licking of lips after their meal no doubt. A dog will only ingest what is necessary for healthy metabolic functioning. This is a far better choice of food than feeding other food containing bulk fillers and chemical additives.

Dogs who eat all natural dog food will eat and eliminate less, having more predictable bowel movements with firm, stools that have less odor. Most brands of dog food claim to be nutritionally complete and most vets will still recommend premium brands as opposed to grocery store varieties. Choosing to feed your dog natural organic food will give them the chance of living a long and healthy life.

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Benefits of Natural Dog Food

Today many people are looking for natural products, whether it is for skin care, food, or even dog food. Many people are beginning to realize that their dogs deserve to have natural foods as well, instead of eating foods that are full of chemicals that can cause them problems. There are several different types of natural dog foods to choose from as well, so there is quite a selection available. If you are not sure whether or not you want to go with food that is natural, keep reading. The following are several benefits of feeding your dog natural dog food that may change your mind.

Fewer Incidents of Allergies and Skin Problems

One of the great benefits of feeding your dog natural dog food is that there are fewer incidents of allergies and skin problems to worry about with your dog. If you have a dog that deals with skin problems or with allergies, you may have tried a variety of different products to help provide your dog with some relief from the problem. Well, giving your dog natural food may do the job for you. It does not have all the toxic pesticides, artificial colors, and chemicals in it that can

cause problems, so your dog is less likely to deal with these types of problems.

Maintain a Healthy Weight

Another benefit of going with the natural route when it comes to dog food is because it can help your dog to maintain a weight that is healthy. Sure, pudgy puppies are very cute, but you don't want your dog to develop problems like diabetes, back problems, or organ problems because they are overweight. This is more nutritional and will provide all the nutrition without the bulk fillers that can make your dog overweight.

More Energy for Your Dog

You'll also find that food that is natural for your dog will also provide them with more energy. This will enable them to exercise more, which can also help with the weight control issue as well. Since your dog will be getting more nutrients and better nutrition, no doubt he will feel like he has a lot more energy.

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Few Problems with Digestive Disorders

Many dogs have digestive disorders and foods that have artificial substances and chemicals in them can make these problems worse and even cause these problems. When you give your dog natural dog food instead, you'll find that they have an easier time digesting it. This means that they won't have as many problems with various digestive orders.

Stronger Immune Systems and Great Health

No doubt you want your dog to be in the best health possible, and when you feed them a dog food that is natural, you can provide your dog with the best possible health. Not only will they be healthier, but this type of food will help them to build up their immune system as well. All the great nutrients in the food will help your dog build and maintain an immune system that is very healthy, which will save you on expensive vet bills in the future.

Longer and More Quality Life

All owners want their dogs to live as long as possible, but they want a quality life for their dogs as well. When you give

them the **q**uality diet of natural dog food, it will improve their **q**uality of life. It will also aid them in living a long life as well, so you'll have your dog around longer. Since this food helps to maintain their immune system and ward off problems, they will be more likely to live a long time.

Now that you see all the great benefits that can come along with giving your dog food that is natural, you may want to consider purchasing this type of food for your dog from now on. No doubt you want to have a healthy dog that is well cared for and in the best of shape. With natural dog food, you can keep your dog feeling great, looking great, and around for a long time.

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